# THE ANALYSIS OF DETERMINING THE FACTORS OF MANAGEMENT IN WRESTLING COMPETITIONS

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**Key words**: factors, physical development, management of sports competition, free style wrestling.

**Abstract**: Wrestling represents an important means for hardening the youth, of sports practice and education of talented sportsmen.

Wrestling is one of the most widespread sports events in the world, based on the national traditions of the nations, which contributes to the harmonious physical development and the foundation of the person's equilibrium. Wrestling events are practised on a high level in the Republic of Moldova, and the methods of directing the competitions represent a priority in enhancing the quality of the sportsmen' training [4, p. 6].

**The goal** of this research is the analysis of the determinant factors in the management of free style wrestling competitions. For the realization of the research tasks we applied the following investigation methods:

- analysis, synthesis and generalization of the literature in this domain:
- examination and analysis of the normative acts and regulations for organization and holding of competitions;
- sociological questionnaire;
- analysis of the results of wrestling university competitions in 2015:
- mathematical analysis of the data statistics and their graphical presentation.

The objectives of the questionnaire are;

- 1. The appreciation of the management level of free style wrestling competitions in the Republic of Moldova;
- 2. Finding out the elements which ensure the success in organization of a competition;

- 3. Determining the elements which elaborate the material base of free style wrestling competitions;
- 4. Determining the publicity and ADS role in the holding of free style wrestling competitions;
- 5. Determining the used financial resources in organization and holding of free style wrestling competitions.

## The research realization

To the questions "How do you appreciate the level of organization of free style wrestling competitions in 2015?", 24% of people responded that it was good, 61% said it was satisfactory and 15% of coaches said it was poorly organized.

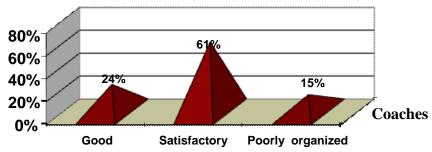
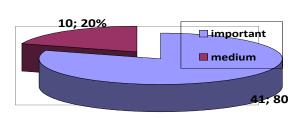


Fig. 1. The level of organization of free style wrestling competitions in 2015 in the Republic of Moldova.

Concerning the role of the publicity/ADS in organization of



wrestling competitions, 20% responded it had a medium role in the organization of wrestling competitions, but 80% of coaches said that the competition publicity is one of the most important factors in the

organization of contests.

Fig. 2. The role of publicity in the organization of competitions.

To the question "What forms of publicity are used in the free style wrestling competitions?", 14% appreciated mass-media as the most

efficient means of the market, 39% said that the Internet is the most effective way, 29% said that street publicity is the most important and 18% of respondents answered that the flyers are very effective way of advertising. You can see the graphs in fig.3.

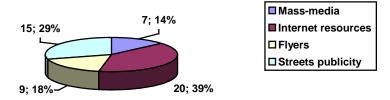


Fig. 3. Forms of publicity which are used in wrestling competitions.

To the question "Is the strategic plan of organization and holding wrestling competition necessary?", 59% of coaches found it as a obligatory condition for the best organization of competition, 33% said that it had a medium priority and only 8% of respondents considered that it's the least important thing and that only the results of the competitions, must be taken into account, not their way of organization. You can see the graphs in fig.4 [3, p.23].

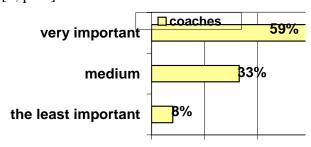


Fig. 4. The necessity of strategic plan for organization and holding of competitions.

To the question "From what financial resources are the wrestling competitions organized?", 85% of respondents answered that only 20% of the funding come from the sponsors and 80% come from the government, but 15% of coaches weren't competent to answer this question. You can see the graphs in fig.5.

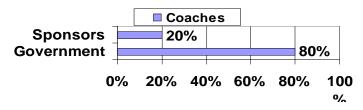


Fig. 5. Financial resources which are used for organization and holding of "trînta" competition.

To the question "What are the biggest problems you confronted with in organization and holding of competitions in 2015?", 83% answered that the modifications of Regulations in refereeing are necessary, 17% of coaches mentioned the necessity of organizing the theoretical and practical seminars concerning the activity of referees.

To the question "Do you consider that the material resources you have at your disposal are appropriate for organizing wrestling competitions?", 15% said that the material base is totally inadequate, 35% said that it was inadequate, 20% said it was mediocre and 30% said it was adequate.

Thus, we can conclude that the material base allocated to wrestling in the Republic of Moldova is very weak, and only some sport entities have a good financial situation for organizing sport activities and contests. Taking these things into account, we can say that the results achieved by the sportsmen are affected by the conditions where they train in, and the proper sports equipment. The respondents mentioned that this sports infrastructure element is considered more mediocre than normal, as you can see in the diagram (fig. 6)

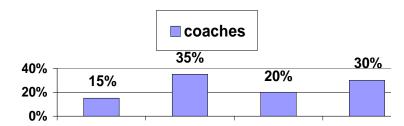


Fig. 6. Necessary material base for holding competitions.

To the question "How does the material base affect the result of a competition?" 55% of coaches appreciated a high level of it, 35% said it

had a medium effect on the results, 10% of respondents said that it had a low level. You can see the graphs in fig.7.

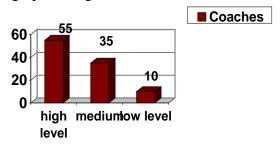


Fig. 7. The influence of material base in organizing of sports competitions.

Regarding the appreciation of the importance of elements which compose the material base that assures the success of a good holding of competition, the respondents appreciated the qualificative for each element. Thus, the respondents considered that the sports equipment and sports halls are important factors in good organization of competition. You can see the graphs in fig.8.



Fig. 8. The elements of competition material base.

Having analyzed the answers to the  $8^{th}$  question "How long did you work as a coach?", we got the following results: for a period more than 10 years - 10 coaches, 6-10 years - 12 coaches, 1-5 years - 22 coaches and less than a year - 7 coaches. You can see the graphs in fig.9.

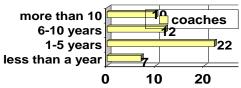


Fig. 9. The coach's duration of employment

#### **Conclusions**

The refereeing Regulation requires modifications to avoid conflicts which appear in the refereeing process of wrestling competitions.

It is necessary to organize and hold theoretical and practical seminars regarding the refereeing activity.

#### Recommendation

- The further improvement of coaches' skills through experience exchanges with departments which organize wrestling competition from other countries with traditions in this sports event.
- The improvement of material base by getting the appropriate equipment concerning the organization of optimal conditions during the competitions, respecting the requirements of national and international regulations.
- Finding other financial resources to support sports activities and competitions.

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# ANALIZA FACTORILOR DETERMINANȚI ÎN MANAGEMENTUL COMPETIȚIILOR SPORTIVE LA LUPTE

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**Cuvinte cheie:** factori, dezvoltare fizică, managementul competițiilor sportive, lupte sportive.

**Rezumat:** luptele reprezintă un important mijloc de călire a tineretului, practicare a sportului și educarea sportivilor talentați.